

## Skill: 3 shots combo

Difficulty: advanced



## Intention

Practice **setting up points** with a combination of three shots:

- (1) FH down-the-line: target the opponent's backhand
- (2) BH across, deep: opponent returns the first ball back to your backhand - play a deep backhand across, again at the opponent's backhand
- (3) Volley: follow up to the net and volley whatever comes back from this second attack to the opponent's backhand

## Drill

### Level 1: Play three shots

Practice FH-BH-volley aiming deep, volley at the open court

### Level 2: Narrow target area

Place cones and measure how you can reach the target area, the opponent's BH side

### Level 3: Realistic pace

Adjust ball feed to a realistic pace in game play (ball feed: 6)

ball machine

Ball machine set-up

Ball Speed: 5

Ball Feed: 5

Oscillator: On

You

