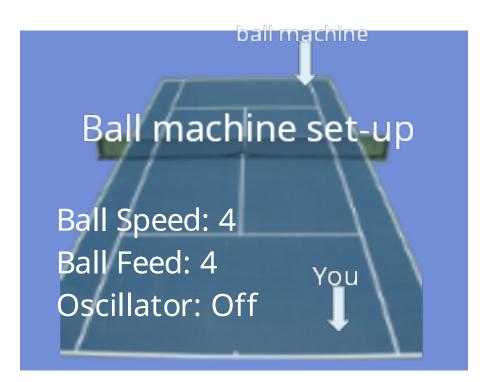
## Skill: Defending against dropshots Difficulty: medium Rent a tennis ball machine!



## Intention

Options to return a dropshot:

- play **deep down the line**, and cover the net
- get **under the ball** and lift short over net, away from opponent
  - **counter dropshot** if in comfortable position
- quick passing shot deep to the open side of court

## Drill

Ball machine balls land just behind the net.

Level 1: Counter dropshot
Return dropshot by getting under
ball + lift it short over net, or
Return with another dropshot

Level 2: Down-the-line+net cover
Combi of two shots: Move to ball to:
(1) play first ball deep down the line
(2) return next ball as crosscourt
volley

Level 3: Passing shot
Return dropshot with deep passing
shot crosscourt